

# “T is for Trauma: How Trauma Shapes a Child’s Behaviors and Which Parenting Responses Best Help the Child”

Deena McMahon, MSW, LICSW

Monday, May 22, 2017  
Rochester, MN

*Creating  
Permanency,  
Empowering  
Families*

This workshop underscores the primary internal conflict that traumatized children experience, that is, the tension between knowing how close they can get and still feel safe. They often crave intimacy but they also reject it. We will discuss behavioral challenges that stem from early traumatic experiences and more important, will address strategies and ideas to cope with these behaviors. Parents/ caregivers will learn how to identify the ‘core issues’ behind the behaviors and be more effective in understanding the child’s emotional experience, aside from the fear, anger, hate and disrespect that is often demonstrated.

This discussion will end with strong encouragement towards self-care to avoid secondary trauma that care givers often experience.

**Deena McMahon, MSW, LICSW** is a licensed independent clinical social worker in private practice. She has been working with families and children for over 30 years and has developed a national reputation for excellence in areas ranging from attachment therapy and adoption dynamics to childhood sexual abuse and trauma. Deena also provides forensic assessments and frequently serves as an expert witness in court proceedings regarding permanency. She is a faculty consultant for the Minnesota Guardian ad Litem Program, as well as an advisor to numerous child protection agencies, adoption organizations and parent support groups. Deena presents national and regional trainings, many that have been adopted by the Minnesota Department of Human Services as “best practices”.

## Date

Monday, May 22, 2017

## Presentation

6:00 pm—8:00 pm

## Location

Olmsted County Social Services  
2117 Campus Drive SE  
Rochester, MN 55904

## Fee

\$20 per person; \$35 per parenting couple

**Certificates of Attendance** (free of charge) will be distributed at the end of the training

**Register** online at [www.mnadopt.org/post-adopt-training/](http://www.mnadopt.org/post-adopt-training/)

**Questions?** Contact Janet Hammer at 612-746-5125 or [jhammer@mnadopt.org](mailto:jhammer@mnadopt.org)