



HELP PROGRAM

Since 2011, HELP Program Specialists have provided easily accessible, reliable and knowledgeable post-adoption support and guidance to the Minnesota adoption, foster and kinship caregiving community. Through their deep understanding of adoption/trauma/attachment related considerations (i.e. behavioral challenges, parenting difficulties, therapeutic need, school challenges, identity, grief & loss...etc.), HELP Program staff are able to provide objective, individualized and ongoing support.

HELP Program services are free and available to any Minnesota family who adopted a child who was under state or tribal guardianship; internationally; or through private domestic infant adoption; kinship adoption or guardianship families; and foster care families.

Services of the MN ADOPT HELP Program include:

- Phone based support from Specialists whose focus and specialty is adoption and supporting permanency in all its forms
- Individualized support, guidance and referrals to resources tailored to the specific situation
- Assistance in identifying and accessing appropriate therapeutic options based on the caller's need through a large network of HELP Program connected therapists experienced with adoption/trauma/attachment
- Possible financial assistance to access * eligible therapeutic services when financial barriers to receiving needed services are present

* Specific guidelines apply. Call 612-746-5137 to learn more.

MN ADOPT HELP Program staff also assist:

- Adoption and Home Study Workers
- County Workers and Case Managers
- Community Professionals (i.e. School Staff, Medical Staff, Lawyers...etc.)
- Adopted Persons
- Birth/First Parents and Family Members

Examples of feedback regarding interactions with the HELP Program....

"I didn't know quite what to expect when I called the hotline, but your help and our conversation far exceeded my highest expectations! What a wonderful service and I would love to see similar services in all 50 states to support adoptive families and children!!! - Adoptive Parent

"This is the best thing to happen since our adoption." - Kinship Adoptive Parent

"Our adoptive families are appreciative of the services from the MN ADOPT HELP program. The workers in this program are quick to respond with options and ideas which help the adoptive parents locate services, *education and supports.*" – Agency Social Worker

Want to learn more? Visit us online at www.mnadopt.org or contact us at 612-746-5137 or help@mnadopt.org

