

Why Community Professionals Contact the HELP Program

Toll-Free: 1.855.670.4357 or 612.746.5137

www.mnadopt.org

Community Professionals:

Have you felt at a loss on how best to support adoptive, foster, and kinship families/individuals touched by adoption and/or trauma?

Could you benefit from receiving guidance, resources and referrals specific to enhancing the support you provide to adoptive, foster, and kinship families?

If so, the HELP Program is here for you too!

Examples of support can include: objective, confidential case consultation; referrals to applicable community services; therapeutic referrals for clients; information on educational opportunities (both for professionals and families); staff presentations on adoption considerations and HELP Program services; as well as ongoing, easily-accessible support.

Private Adoption Agency Workers; County Adoption Workers:

- Seeking therapeutic, supportive and educational resources for the adoptive, foster and kinship families they serve
- Examples include:
 - families in home study stage needing therapeutic support for readying selves for adoption
 - families and children/teens in matching process and best transition planning for child/teen into the home
 - family members' adjustment after placement and beyond – seeking to set up families for success well after finalization
- Seeking objective, knowledgeable case consultation as decisions are being made regarding how best to support complex family dynamics who have experienced adoption, trauma, attachment...etc.



County Case Managers:

- Seeking therapeutic, supportive and educational resources for the adoptive, foster and kinship families they serve
- Seeking objective, knowledgeable consultation as decisions are being made regarding how best to support complex family dynamics who have experienced adoption, trauma, attachment...etc.

School Staff (Social Workers, Teachers, Paraprofessionals...etc.):

- Seeking therapeutic and supportive resources for children/teens who were adopted or experienced foster care and who may be experiencing challenges within the school environment
- Education and resources specific to educating families/school staff on attachment, trauma, drug and alcohol exposure, identity, related grief and loss across developmental stages...etc.
- Seeking objective, knowledgeable consultation as decisions are being made regarding how best to support complex child/family dynamics who have experienced adoption, trauma, attachment...etc.

Examples of other community professionals who utilize HELP Program

supportive services:

- Nurses
- Doctors
- Occupational/Physical Therapists
- ECFE Staff
- Lawyers
- Personal Care Attendants (PCA)
- Therapists/Mental Health Practitioners who do not specialize in adoption
- Human Resource Personal on behalf of all adoptive, foster, and kinship families within their organization
- College Professors
- Graduate Students interested in researching adoption