



Post-Adoption Navigator Program

As part of the MN ADOPT HELP Program, the Post-Adoption Navigator provides your family with a central, first point of contact for information regarding post-adoption services in Minnesota. The Post-Adoption Navigator can connect with you shortly after the finalization of the adoption of your child(ren) from the Minnesota foster care system (commonly referred to as the MN Waiting Child Program) to proactively help connect you to a network of post-adoption support. Follow-up communication is provided to your family to ensure you have any needed information about post-adoption support services available to you.

Post-Adoption Navigator support is FREE and available to any Minnesota family who recently adopted a child who was under state or tribal guardianship, as well as kinship adoption families.

Services of the MN ADOPT Post-Adoption Navigator include:

- Phone based outreach by a Post-Adoption Navigator after your family has finalized an adoption of a child from the Minnesota foster care system to offer the opportunity to ask questions and receive information regarding post-adoption services in Minnesota
- Assistance in identifying and accessing appropriate post-adoption services based on your family's needs, through a large network of agencies with experience in adoption and permanency support
- Responsive follow up communication and check-ins to ensure your family has the information and support you need to effectively get connected to post-adoption services

Get Connected to a Post-Adoption Navigator:

- **Online:** Complete the online referral located on the MN ADOPT website under the HELP Program tab. You may also ask your adoption worker to complete the referral form for you.
- **Phone or Email:** Call us at (612) 746-5139 or email us at helpnavigator@mnadopt.org to let us know you're interested, and a Navigator will follow up with you.

Examples of feedback regarding the services of the HELP Program....

"[HELP Program Staff] was so helpful and sent tons of information and resources. I wish I had contacted the program so much sooner because of all the helpful information. Helped me feel like there was someone who understood what we were going through. Helped me feel not so alone." – Adoptive Parent

"Thanks so much for all the resources you have passed my way. It has been invaluable and I wish I would have found you years ago!" – Adoptive Parent

Want to learn more? Visit us online at www.mnadopt.org or contact us at 612-746-5139 or helpnavigator@mnadopt.org

